



# Personal Security / Safe Travel Training

There is much that individuals can do to reduce their personal security and travel risk, and help keep themselves and their dependents safe.

## About NYA

NYA International is a global risk and crisis management consultancy.

For over 25 years we have helped organisations to maximise opportunities and operate successfully in challenging environments around the world.

Personal security and safe travel training helps an organisation to fulfil its duty of care - to travellers, expatriates and their dependents, and local staff.

There is much that individuals can do to reduce their personal security risk and help keep themselves and their dependents safe. Training helps to:

- Raise understanding and awareness of the environment and potential threats, without causing undue alarm
- Ensure that staff and their dependents are adequately prepared
- Give employees the knowledge and tools to better protect themselves
- Encourage an element of personal responsibility for safety and security
- Ensure the company is fulfilling its duty of care

Training can be provided for individuals or groups and can focus on general travel and/or personal security advice, or the considerations of living and working in a particular operating environment.

It can be delivered by WEBEX, presented in person or NYA can develop a highly bespoke, interactive training schedule over a period of one or more days, tailored to specific requirements.

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## Contact us

info@nyainternational.com  
Tel: +44 207 291 7700

www.nyainternational.com



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Key topics typically covered include:

- The key principles of personal security: day to day essentials for living and working in high-risk areas
- The importance of maintaining a low profile and avoiding routine
- Technical, physical and procedural security at home, in hotels, in host offices, on the move and whilst socialising
- International travel considerations and in-country journey risk management
- Safety advice for female travellers
- How to avoid becoming a target of criminal attack
- What to do and how to behave in the event of criminal attack
- Key principles of hostage survival

## Personal security guidance

NYA can also produce written guideline documents for an organisation's travellers, expatriates and/or local staff, incorporating practical personal security advice with company-specific procedures and directives.